

Activities:



Teach Grow Sow

Ask children what they want to be when they grow up, or what they would like to do? (chef, doctor, have a family, live in Paris, climb a mountain, etc.) Give children nametags to write a name on that names their goal (Mountain-Climber, Chef, etc). Have children wear their nametags, and address them by those names. Explain that God sometimes gave name changes to people in the Bible to show what their future would be like. Jacob's new name showed who he would become. His children would become the nation of Israel.

Go into an open space and have two children take opposite ends of a measuring tape. Stretch it out all the way and ask them to shake hands. Can they do it? (no) Just like Jacob, we have a huge distance between us and God. It can't be measured by anything, but when Jesus died on the cross He became our ladder, connecting us to heaven.

Give children a pillow to wrestle with one at a time. As they do, name things that we "wrestle" with spiritually.

- You want to go to a movie that your parents said has bad things in it.
- The coolest kid in class will want to talk to you if you share gossip about other kids.
- You forgot to study for a test and can easily see a smart classmate's answers without being caught.
- Your friends don't know as much about the Bible as you do, so you start to think you're better than them.
- When we know what God wants us to do, but we don't want to do it, it can feel like we're wrestling with God.

UPPER

ELEMENTARY

NAME: _____

P	L	A	D	D	E	R	Z	X	C
O	Q	W	J	A	C	O	B	A	G
I	E	R	T	N	Y	C	E	D	O
U	E	G	F	G	U	K	T	F	D
Y	S	H	D	E	I	O	H	G	X
F	A	M	I	L	Y	P	E	I	C
T	U	H	J	S	K	L	L	S	V
R	D	S	A	Z	X	C	V	R	B
E	H	E	A	V	E	N	B	A	N
W	D	F	G	H	J	K	L	E	M
Q	A	S	W	R	E	S	T	L	E

JACOB
ANGELS
GOD
ISRAEL
BETHEL
HEAVEN

ESAU
FAMILY
WRESTLE
ROCK
LADDER

Lower Elementary

Jacob's Travels



Name: _____



The LORD was standing beside the ladder and said: I am the LORD God who was worshiped by Abraham and Isaac...Wherever you go, I will watch over you. ~ Genesis 28:13,15

Harder Option

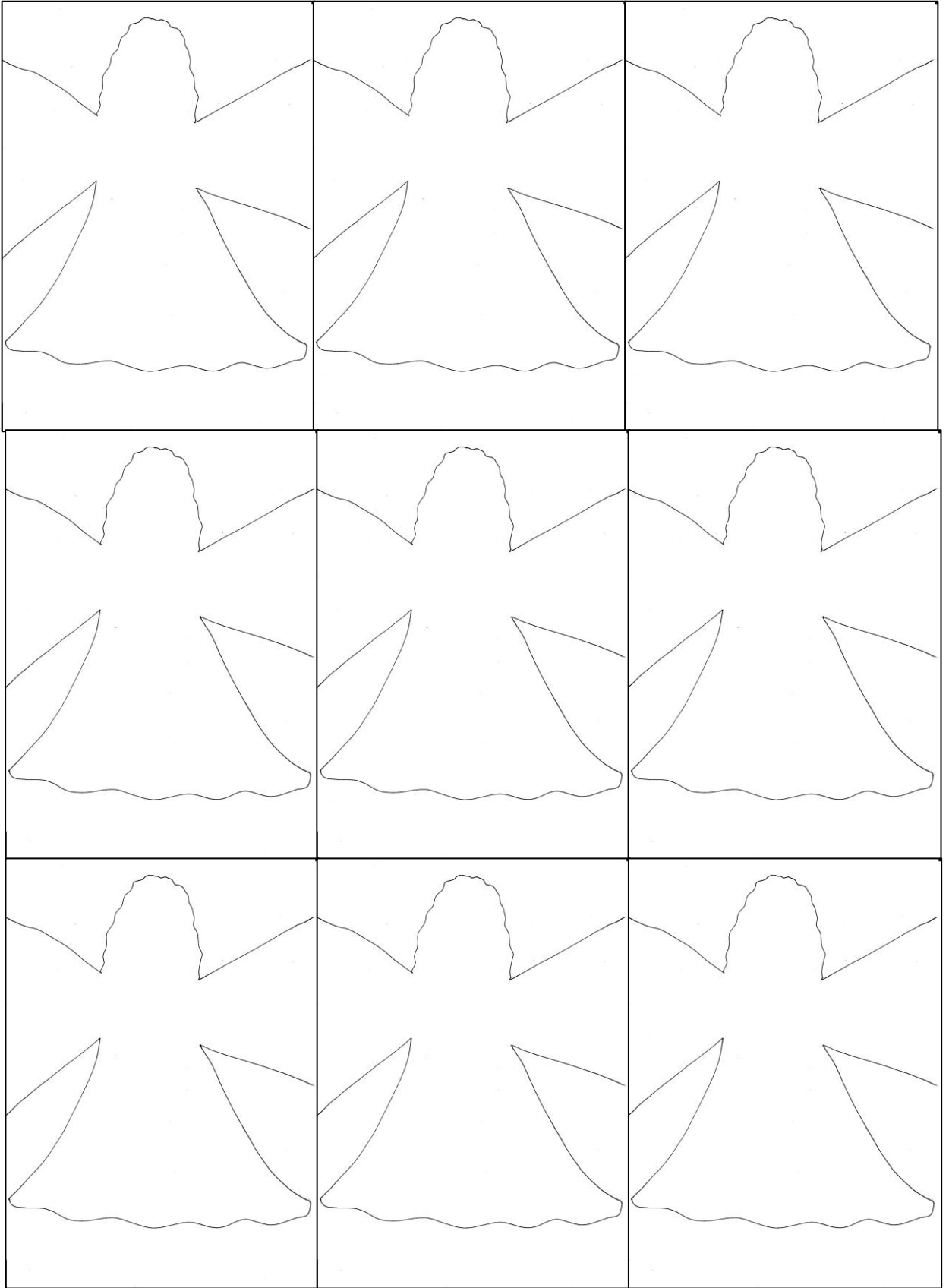
- ❖ Children glue popsicle sticks together to make ladder
- ❖ Children cut out angels
- ❖ Teacher hole punches angels and strings yarn through
- ❖ Children pull angels up and down ladder

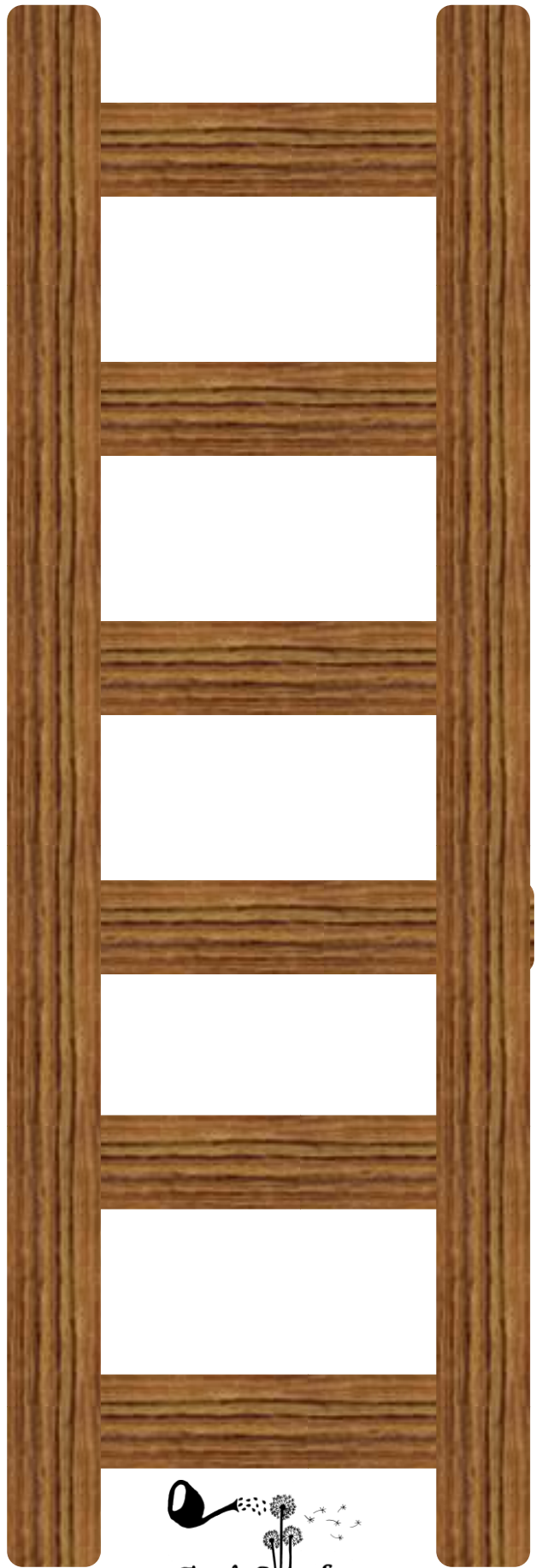
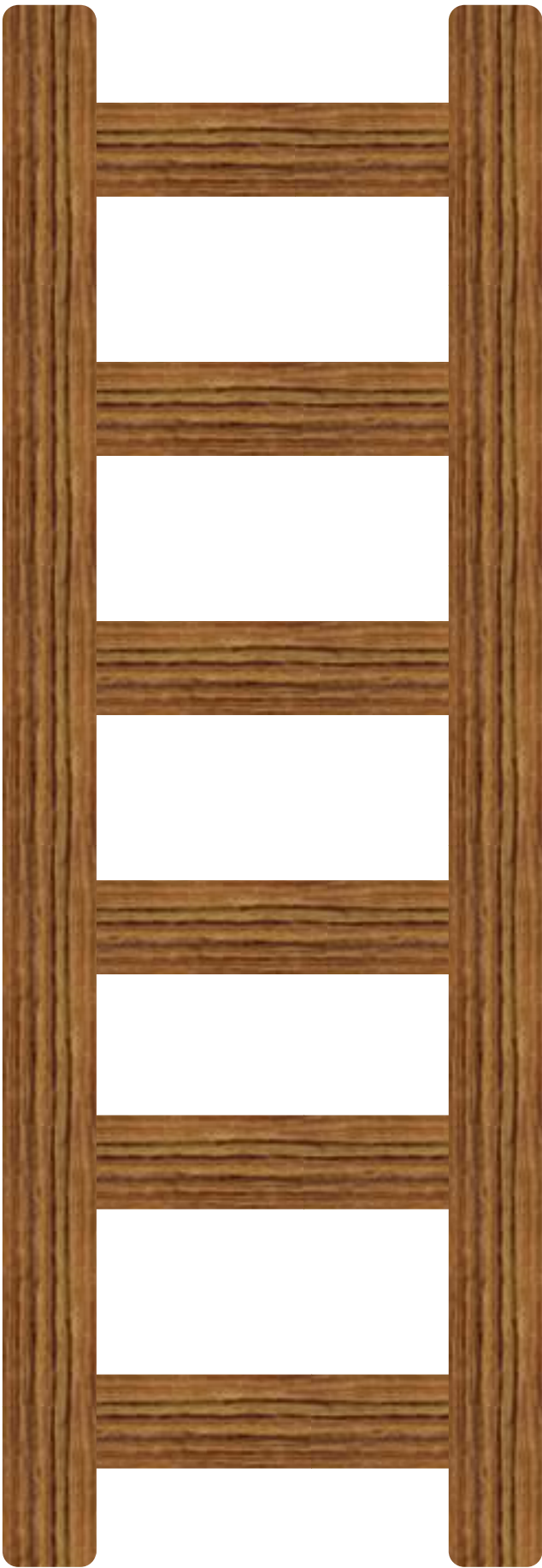


Easier Option

- ❖ Print ladder onto cardstock
- ❖ Children cut out ladder halves and glue/tape together
- ❖ Children color angels and cut around boxes only
- ❖ Teacher hole punches angels and strings yarn through
- ❖ Children pull angels up and down ladder







Preschool

Coloring Page:



Encourage children to draw their siblings (or a cousin or friend if an only child). Talk about how we can show love to our siblings.

Modeling dough:

Encourage children to form something from the story, like a ladder, angels, or people wrestling.

Song:

To the tune of Frere Jacques:

Are you sleeping? Are you sleeping? Brother Jacob, brother Jacob.

Angels on the ladder, angels on the ladder.

Up and down. Up and down.

Jacob's Travels



Teach Grow Sow

Name: _____

A large rectangular area defined by a thick, dashed black border, intended for a student to write their response to the text below.

God wants me to be gentle with brothers and sisters.