

Upper Elementary

All scripture quotations are taken from the World English Bible, 2020.

Topic:	Adam & Eve
Intro:	Place a chair in the middle of the room. Have students take turns going from one side of the room & back, walking backwards, hopping, skipping, etc. The only rule is they cannot touch the chair in the middle. If they do, they are out of the game. Was the rule hard? (no). What if I told you touching the chair would give you super powers? Would you want to touch it then? Would you be better at the game if you touched it and got the super powers? Why or why not? (it would seem like you'd play better, but you'd be automatically out)
Genesis 2:7	The Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.
	Remember how God made the land and water and animals? (speaking) What did He do differently here? (breathed life into man) Are people just like animals? The Bible says we are special and set apart. We have the breath of God in us.
Genesis 2:8-9	The Lord God planted a garden eastward, in Eden, and there He put the man whom He had formed. Out of the ground the Lord God made every tree to grow that is pleasant to the sight, and good for food, including the tree of life in the middle of the garden and the tree of the knowledge of good and evil.
	Imagine you had two vitamins. One would keep you healthy forever so you never die. The other would make you a super-genius who would know the answer to everything. Which would you choose? Both sound good, but you can only have one.
Genesis 2:15-17	The Lord God took the man, and put him into the garden of Eden to cultivate and keep it. The Lord God commanded the man, saying, "You may freely eat of every tree of the garden; but you shall not eat of the tree of the knowledge of good and evil; for in the day that you eat of it, you will surely die."
	But what if your doctor ordered you to choose the first vitamin and warned that the other one would kill you? Would you obey? Circle the one you would choose.



Start

Adam and Eve

I would choose...

☐ Super powers
 ☐ Staying in the game

The Garden of Eden



Genesis 2:7

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The Two Trees



Genesis 2:8-9


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Take 1 pill daily to live
Side Effects: None

VS.

Take 1 pill once for knowledge
Side Effects: Death



Genesis 2:15-17

The Lord God took the man, and put him into the garden of Eden to cultivate and keep it. The Lord God commanded the man, saying, "You may freely eat of every tree of the garden; but you shall not eat of the tree of the knowledge of good and evil; for in the day that you eat of it, you will surely die."

Where do you think Eve was when God gave Adam these instructions?

Genesis 2:18-25

The Lord God said, **"It is not good for the man to be alone. I will make him a helper comparable to him."** Out of the ground the Lord God formed every animal of the field, and every bird of the sky, and brought them to the man to see what he would call them. Whatever the man called every living creature became its name. The man gave names to all livestock, and to the birds of the sky, and to every animal of the field; but for man there was not found a helper comparable to him. The Lord God caused the man to fall into a deep sleep. As the man slept, He took one of his ribs, and closed up the flesh in its place. The Lord God made a woman from the rib which He had taken from the man, and brought her to the man. The man said, "This is now bone of my bones, and flesh of my flesh. She will be called 'woman,' because she was taken out of Man." Therefore, a man will leave his father and his mother, and will join with his wife, and they will be one flesh. The man and his wife were both naked, and they were not ashamed.

Animals can make wonderful companions. But can they replace a person? Remember Mowgli in the Jungle Book? He lived with the animals in the jungle, but then he grew up and wanted to be with other people.

God used information from Adam's body to make a girl-version of him. She would be exactly what he needed. We call the information inside us DNA. It is what gives us different traits.

Give children the traits worksheet. Talk about different traits that each person has. These traits are passed down in genes from parents. Each person has genes that carry traits: the traits they have, and even some traits that they don't have, but that their children might have. Adam and Eve carried all the traits that we see on people around the world.

The Creation of Woman

Genesis 2:18-25

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The Human Genome Project worked to map all the genes that make up humans. It was led by Dr. Francis Collins, who said, "The human genome is a testament to the great intelligence behind creation."



My Traits

My Shade of Skin:



My Eye Color:



My Hair Color:



I Have:

- | | |
|-------------------------------------------|--------------------------------------------|
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☐ Straight Hair

Genesis 3:1-7

Now the serpent was more subtle than any animal of the field which the Lord God had made. He said to the woman, "Has God really said, 'You shall not eat of any tree of the garden'?" The woman said to the serpent, "We may eat fruit from the trees of the garden, but not the fruit of the tree which is in the middle of the garden. God has said, 'You shall not eat of it. You shall not touch it, lest you die.'" The serpent said to the woman, "You won't really die, for God knows that in the day you eat it, your eyes will be opened, and you will be like God, knowing good and evil." When the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took some of its fruit, and ate. Then she gave some to her husband with her, and he ate it, too. Their eyes were opened, and they both knew that they were naked. They sewed fig leaves together, and made coverings for themselves.

Was Eve with Adam when God gave him instructions to not eat of the tree? (No) How do you think Eve knew about the instructions? (Maybe Adam had told her or God had repeated it to her...) Where was Adam when Eve was having this conversation with the serpent? (right next to her) Why do you think he didn't say anything? (Maybe he was waiting to see what happened)


Think back to when you were a baby. You didn't care if you went around naked and weren't embarrassed by going to the bathroom in a diaper. You didn't know what was right and what was wrong. You were innocent. You were also completely dependent on your parents for everything. But then you grew older. You realized you had to wear clothes when you go out. You learned how to walk and talk and got potty-trained. You started understanding things that before only mom and dad understood. For Adam and Eve, this kind of change happened instantly. Imagine how scary that would be!

battery & extension cord

Plug the extension cord into the wall. Before Adam and Eve sinned, they were plugged into God. They would live forever because they were connected to the source of life. After, it was like trading the power cord for a battery. They wouldn't die right away, but just like a battery, they had a limited time.

Genesis 3:8-13

They heard the Lord God's voice walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. The Lord God called to the man, and said to him, "Where are you?" The man said, "I heard Your voice in the garden, and I was afraid, because I was naked; so I hid myself." God said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" The man said, "The woman whom You gave to be with me, she gave me fruit from the tree, and I ate it." The Lord God said to the woman, "What have you done?" The woman said, "The serpent deceived me, and I ate."



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


Fig leaves can grow up to one foot long! They could easily be sewn together to make clothes.



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The man said, "I heard Your voice in the garden, and I was afraid, because I was naked; so I hid myself."

God said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?"






The man said, "The woman whom You gave to be with me, she gave me fruit from the tree, and I ate it."

The Lord God said to the woman, "What have you done?"

The woman said, "The serpent deceived me, and I ate."

God is the source of life. Before Adam and Eve sinned, they were plugged into God.

After they sinned, they had a limited time on earth.








	Adam and Eve had broken the one rule God gave them. Now, things felt weird. They had never felt embarrassment before, but now they were embarrassed to be naked. They had never felt guilt before, but now they felt guilty for disobeying God. They had never felt fear before, but now they were afraid of God.
Genesis 3:14-19	The Lord God said to the serpent, “Because you have done this, you are cursed above all livestock, and above every animal of the field. You shall go on your belly and you shall eat dust all the days of your life. I will put hostility between you and the woman, and between your offspring and her offspring. He will bruise your head, and you will bruise his heel.” To the woman he said, “I will greatly multiply your pain in childbirth. You will bear children in pain. Your desire will be for your husband, and he will rule over you.” To Adam he said, “Because you have listened to your wife’s voice, and have eaten from the tree, about which I commanded you, saying, ‘You shall not eat of it,’ the ground is cursed for your sake. You will eat from it with much labor all the days of your life. It will yield thorns and thistles to you; and you will eat the herb of the field. You will eat bread by the sweat of your face until you return to the ground, for you were taken out of it. For you are dust, and you shall return to dust.”
	Obviously, Adam and Eve could not get away with breaking the one rule. They had chosen to give up a perfect life to satisfy their curiosity, and now they had to be punished. Before, raising children would be easy, but now it would be hard work. Before, growing plants to eat would be fun, but now it would be difficult. Before, marriage would be perfect, but now, moms and dads fight sometimes.






Punishment for Sin
6

Genesis 3:14-19

The Lord God said to the serpent, “Because you have done this, you are cursed above all livestock, and above every animal of the field. You shall go on your belly and you shall eat dust all the days of your life. I will put hostility between you and the woman, and between your offspring and her offspring. He will bruise your head, and you will bruise his heel.” To the woman he said, “I will greatly multiply your pain in childbirth. You will bear children in pain. Your desire will be for your husband, and he will rule over you.” To Adam he said, “Because you have listened to your wife’s voice, and have eaten from the tree, about which I commanded you, saying, ‘You shall not eat of it,’ the ground is cursed for your sake. You will eat from it with much labor all the days of your life. It will yield thorns and thistles to you; and you will eat the herb of the field. You will eat bread by the sweat of your face until you return to the ground, for you were taken out of it. For you are dust, and you shall return to dust.”



Thistle is the common name for flowering plants that have leaves with sharp prickles. Thistles compete with food plants and make it hard for animals to feed off the grass.

<p>Genesis 3:20-24</p>	<p>The man called his wife Eve because she would be the mother of all the living. The Lord God made garments of animal skins for Adam and for his wife, and clothed them. The Lord God said, “Behold, the man has become like one of Us, knowing good and evil. Now, lest he reach out his hand, and also take of the tree of life, and eat, and live forever.” Therefore the Lord God sent him out from the garden of Eden, to till the ground from which he was taken. So He drove out the man; and He placed cherubim at the east of the garden of Eden, and a flaming sword which turned every way, to guard the way to the tree of life.</p>	 <p>Genesis 3:20-24</p> <p>The man called his wife Eve because she would be the mother of all the living. The Lord God made garments of animal skins for Adam and for his wife, and clothed them. The Lord God said, “Behold, the man has become like one of Us, knowing good and evil. Now, lest he reach out his hand, and also take of the tree of life, and eat, and live forever—” Therefore the Lord God sent him out from the garden of Eden, to till the ground from which he was taken. So He drove out the man; and He placed cherubim at the east of the garden of Eden, and a flaming sword which turned every way, to guard the way to the tree of life.</p>
	<p>Remember the other tree? Eating from that one would make Adam and Eve live forever. It must have been the most nutritious fruit that ever existed- a real super food! Part of their punishment was that they could not eat from that tree anymore. If you stopped eating healthy food today, and only ate junk food, it would take a long time to die from malnutrition, but your body would start shutting down very slowly. Actually, from the time we are born, our bodies are already starting to decay. Every time we breathe, (and we have to breathe to live!), our bodies are oxidizing, which is like rusting. It's getting us a little closer to when our bodies finally stop. That's why people like to eat foods that are antioxidants.</p>	<div>  <p>The free radical theory of aging (FRTA) states that organisms age (decay) because cells oxidize. The same thing you need to breathe (oxygen) is also what makes people get older!</p> </div> <div>  <p>Antioxidant foods are popular because they make you age less-quickly.</p> </div>  
<p>apple</p>	<p>Show apple to students. This apple was only cut open a short while ago, but it is already turning brown, or oxidizing. It will take a while before the apple is completely rotten, but the process starts the second the apple gets cut open. That's what happened for Adam and Eve, they didn't die right away, but their bodies started aging (dying) from that moment. They were no longer going to live in their bodies forever.</p>	
	<p>You might wonder why God ever gave Adam and Eve the other tree. We don't know for sure. But think about how adults vote for the president every four years. Usually, two people run for office. Everyone chooses the person they think is best. But what if only one person was running? What if that person was the only candidate every single election year? Would that feel fair? Would people feel like they had a choice? God gave Adam and Eve a choice and they made the wrong choice. But letting us choose between Him and sin is part of His love for us. He didn't want to force us to love Him. He wants us to choose Him. Going to church or having parents who are Christians isn't what makes someone a follower of God. Each person has to make a personal choice. Think about yours.</p>	
<p>Closing:</p>	<p>Cut apple slices & give to students in plastic bags. Have them watch the apple at home to see how long it takes to turn brown.</p>	

Adam & Eve

Keep this apple in a bag at home. Watch it
to see how it ages.

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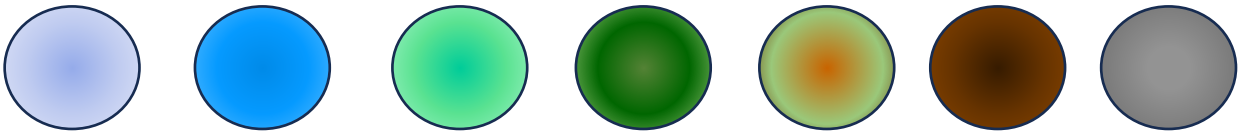
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My Traits

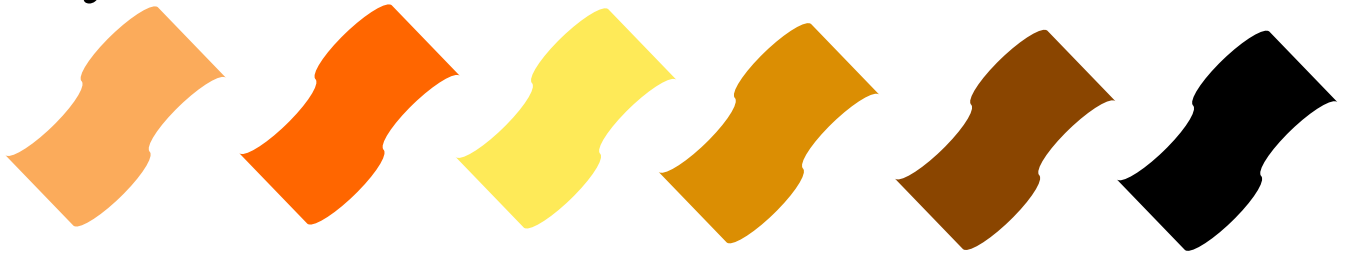
My Shade of Skin:



My Eye Color:

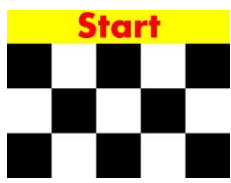


My Hair Color:



I Have:

- | | | |
|-------------------------------------------|--------------------------------------------|----------------------------------------|
| <input type="checkbox"/> Earlobes | <input type="checkbox"/> Attached Ears | |
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Adam and Eve

I would choose...

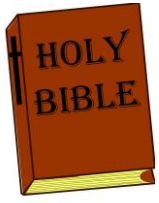


Super powers

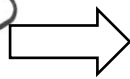
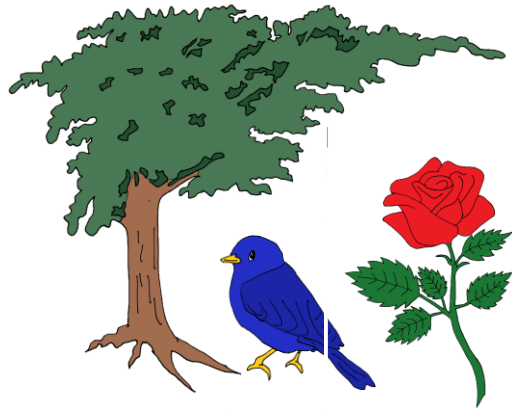
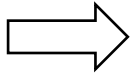


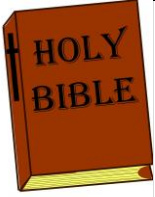
Staying in the game

The Garden of Eden



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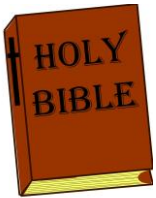


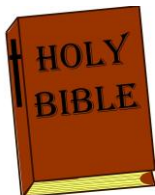
VS.



Genesis 2:15-17

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Genesis 2:18-25

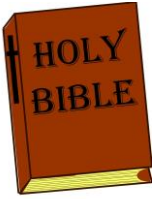
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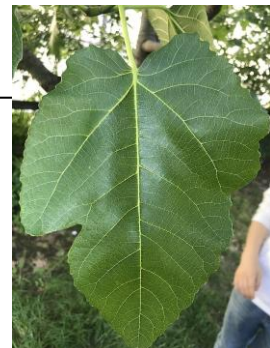
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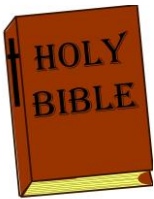


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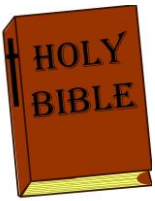
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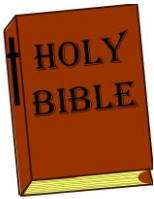
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The free radical theory of aging (**FRTA**) states that organisms age (decay) because cells oxidize. The same thing you need to breathe (oxygen) is also what makes people get older!



Antioxidant foods are popular because they make you age less-quickly.





T	R	E	E	Y	I	O	P	M	N
C	X	B	V	D	F	S	I	N	V
G	S	V	E	D	E	N	W	F	C
A	D	A	M	J	R	A	E	C	X
R	W	B	H	N	G	K	S	K	Z
D	E	C	U	B	T	E	M	P	T
E	R	H	Y	G	H	J	K	L	A
N	T	O	T	F	R	U	I	T	Q
L	G	I	R	F	G	H	J	K	W
K	V	C	E	A	N	G	E	L	S
J	H	E	G	F	D	E	T	Y	E

Adam

Eve

Garden

Eden

Snake

Tempt

Sin

Choice

Angels

Fruit

Tree