

Lower Elementary

Abraham and
Sarah

Introduction:

Who gets excited for Christmas and birthdays?

What's the best Christmas or birthday present you ever received?

What's something really amazing/exciting you got as a present or got to do, but you had to wait a really long time for it? (maybe something your parents promised you?)

Eight generations after Noah, there was a man named Abraham, who loved God very much. God spoke to Abraham and told him He wanted him to live in a new place. God promised to create a whole nation from Abraham's children's-children's children. And He promised that all the other nations of the world would be blessed by Abraham's family.

God promised Abraham that his family would grow so large, that it would be easier to count grains of sand than it would be to count them.



Many years went by, and Abraham did not have a large family yet. In fact, he did not have one single child! He and his wife Sarah were getting very old. Too old to have children.

They were as old as grandparents, or even great-grandparents.

But God spoke to Abraham again. “You will have a son,” He promised. “Look at the night sky. Your family will be so big that trying to count them will be like trying to count the stars. In fact, kings will even come from your family.”



One day, three mysterious People came to visit Abraham. Sarah prepared dinner for them while They sat with Abraham. “I will come back about this time in a year,” One said, “and Sarah will have a baby.”

Sarah overheard this through the tent. She laughed at the thought of having a baby when she was so old.

“Why did she laugh?” He asked Abraham. “I am the Lord, and nothing is impossible for Me.” Sarah was embarrassed. She didn’t realize it was God who was visiting them.



Just as God had promised, about a year later Sarah and Abraham had a little baby boy. They named him Isaac, like God had told them to. They had to have a lot of patience, but in the end, it was so worth it! And just like God promised, the family they started with Isaac would grow to be a great nation. There would be so many, they would spread all over the world. And just like God promised, Abraham's family would have many kings. Better than that, his family would include the King of Kings. Because God Himself would one day come as another promised baby boy. And just like Isaac, He was well worth the wait!



Closing Discussion:



How does God say He is going to rescue the world? (through a family) Do you think family is special? Why?

Would you believe God was going to give you a son if you were Abraham? Do you think it was hard for Abraham to believe?

What do you think would have happened if Abraham had not believed? (God may have found someone else)

Sarah had two kinds of laughter, what were they? (One was sad because she wanted a baby, but at 90, she thought it was hopeless. The other was when her son Isaac was born. He brought such joy and faith to her heart.)

Why is he called Father Abraham? Who came from his family many years later? (Jesus)

Craft:

Abraham Against Night Sky

Closing Activity:

God told Abraham he would have as many people in his family as stars in the sky. He also told him he would have as many people in his family as there are grains of sand. Can you count how many grains of sand are here? What about all the sand in the world? What does this tell us about God's promises? (they are bigger than we can even understand)

Give each child a pinch of sand in their palm to try and count.

Abraham and Sarah



Name: _____



Then the LORD took Abram outside and said, “Look at the sky and see if you can count the stars. That’s how many descendants you will have.” ~ Genesis 15:5

Materials: template, black paper, star stickers

- ❖ Children color and cut out Abraham on hill.
- ❖ Children glue Abraham onto black paper.
- ❖ Children add star stickers to black paper.



