



The Story of You, Year by Year

Memory Book

The Day You Were Born



You Were Born: _____

The Day Before Labor:

First Signs:

The Drive:

The Labor:

Who Was Present:

You Were Delivered By:

The Day You Were Born



Weight: _____

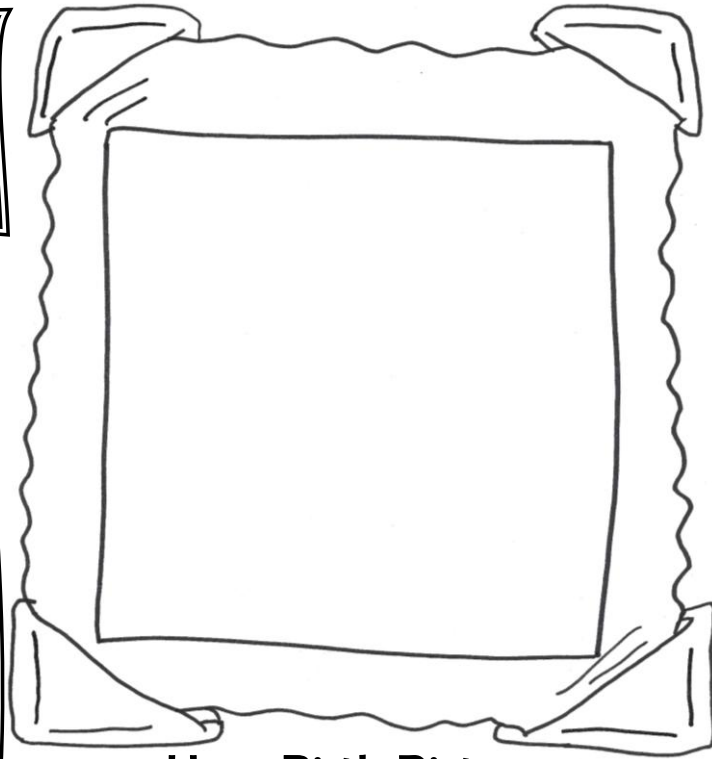
Length: _____

The Weather:

In the News:

Location:

Our First Impressions:



Your Birth Picture:

The Trip Home:

Newborn

Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

One Month

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Two Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Three Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Four Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Five Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Six Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Seven Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Eight Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Nine Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Ten Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:

Eleven Months

Height: _____
Weight: _____



Eating:

Sleeping:

You Learned How To:

Favorite Books:

Favorite Games/Toys:

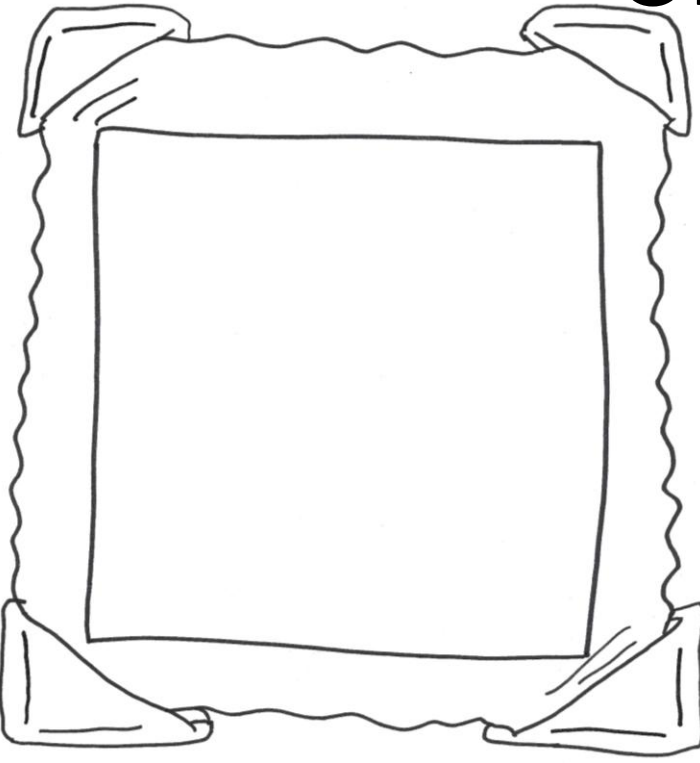
People You Met:

Special Events:

Places You Visited: _____

Sounds You Made:

Things You Did:



Your 1st Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

You Learned How To:

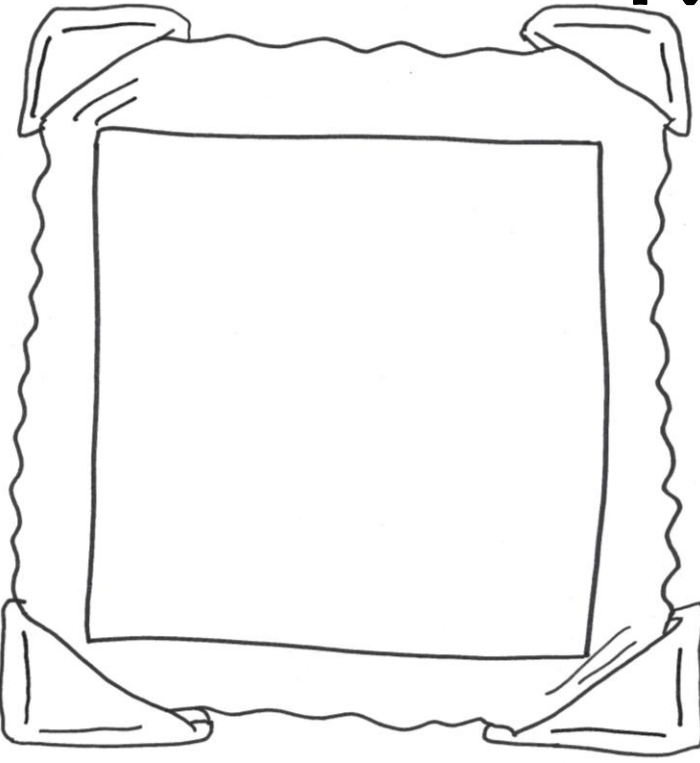
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 2nd Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

You Learned How To:

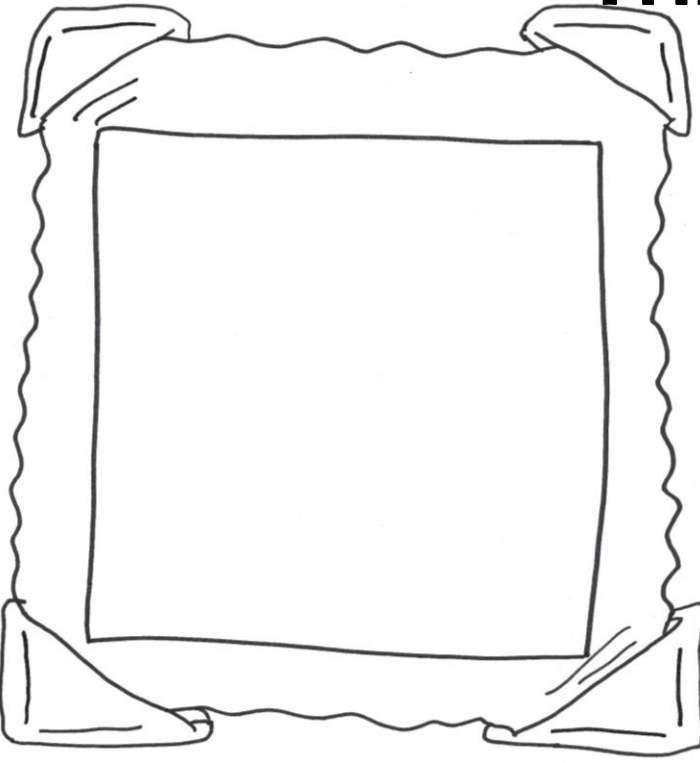
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 3rd Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Three

You Learned How To:

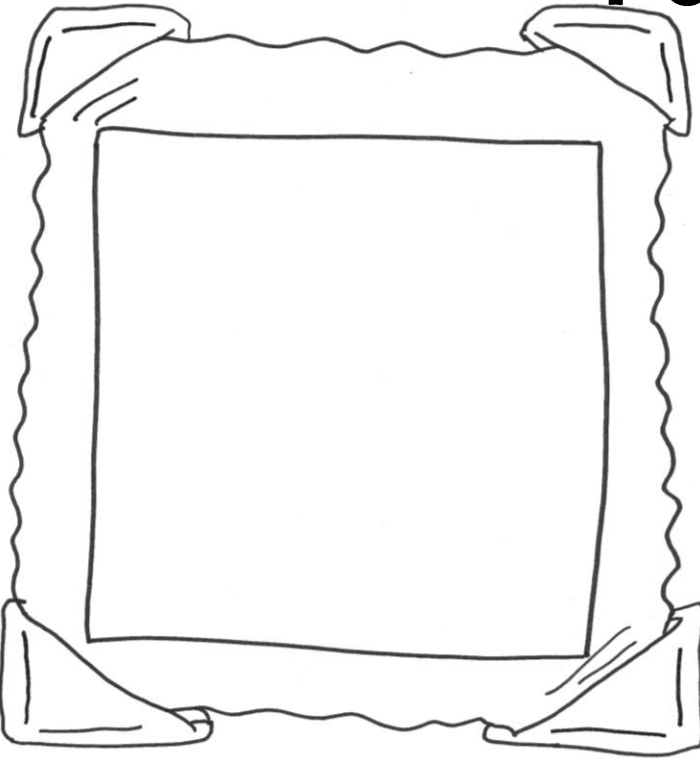
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 4th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Four

You Learned How To:

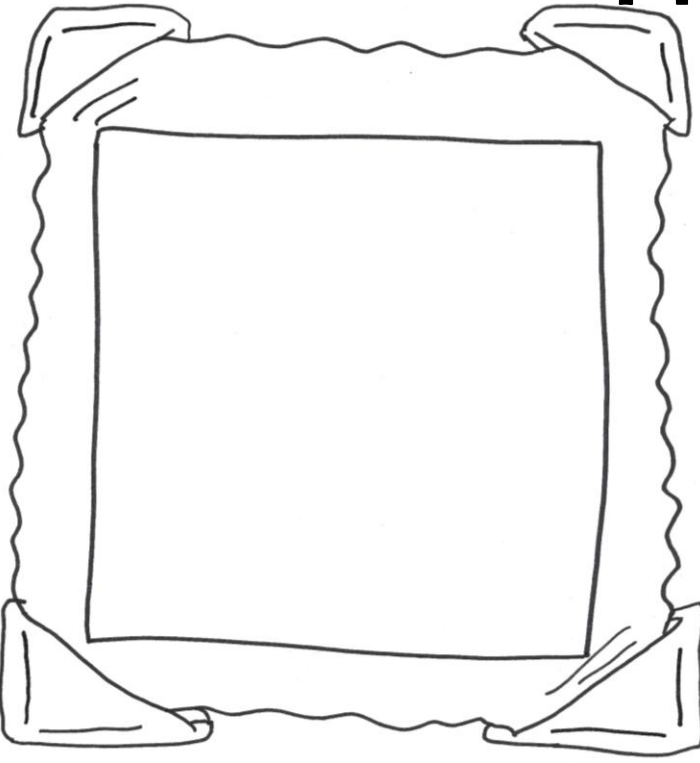
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 5th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

You Learned How To:

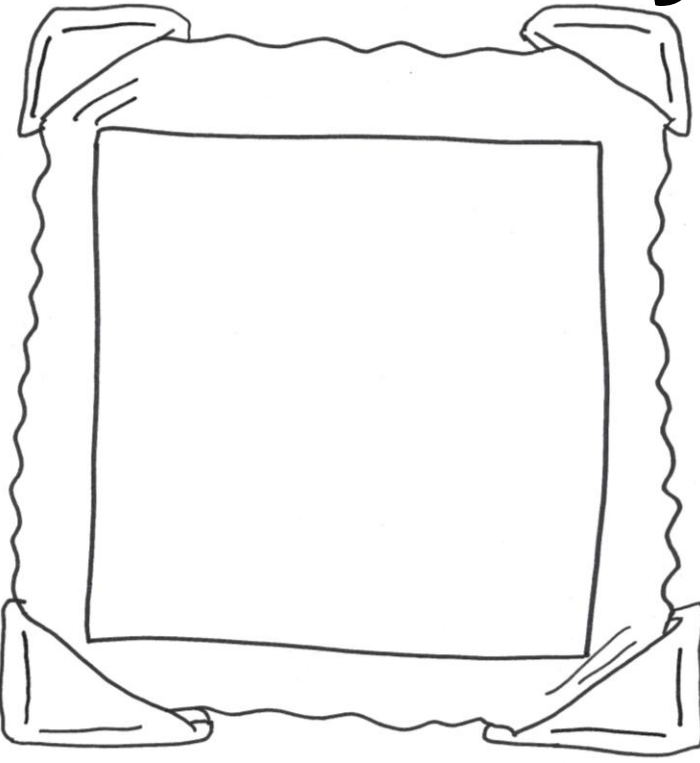
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 6th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

You Learned How To:

Special Events:

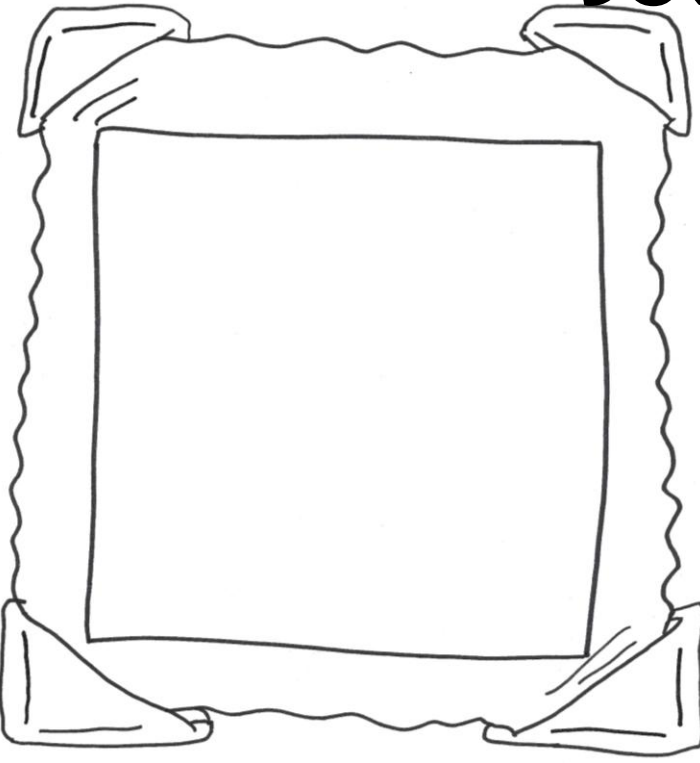
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Seven



Your 7th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Seven

You Learned How To:

Special Events:

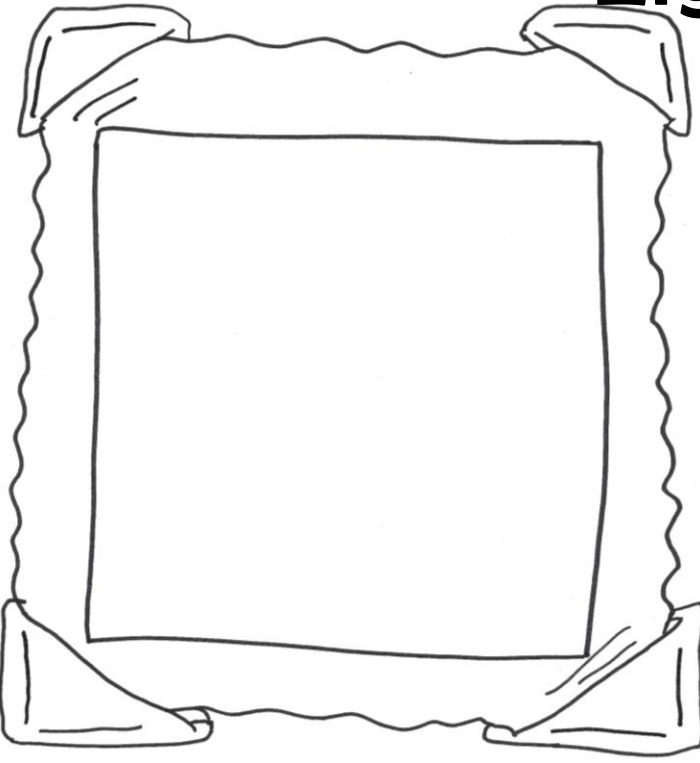
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Eight



Your 8th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Eight

You Learned How To:

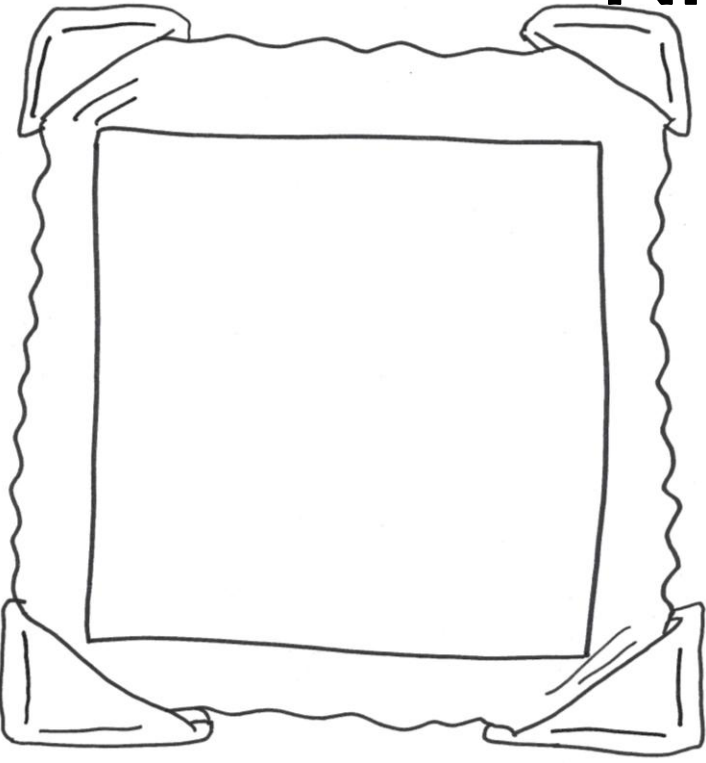
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 9th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Nine

You Learned How To:

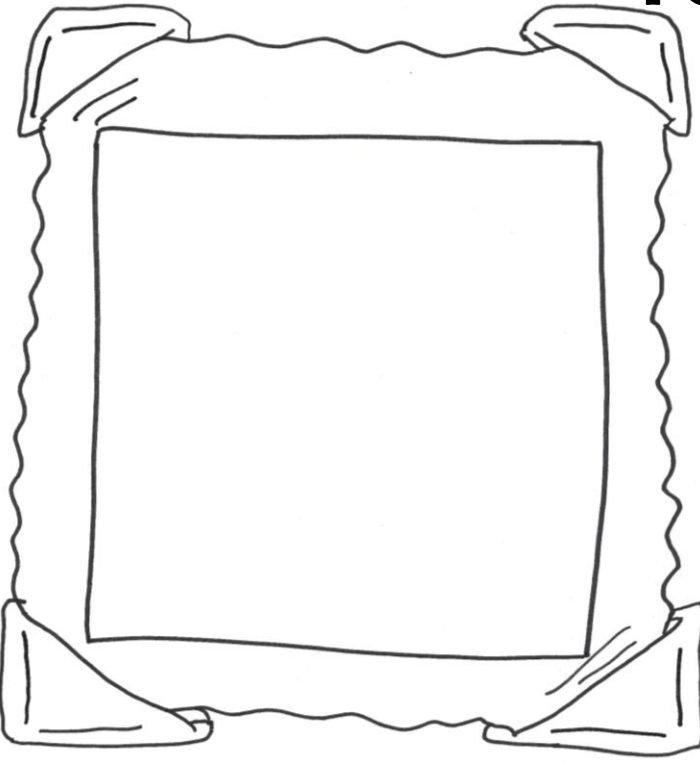
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 10th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

You Learned How To:

Special Events:

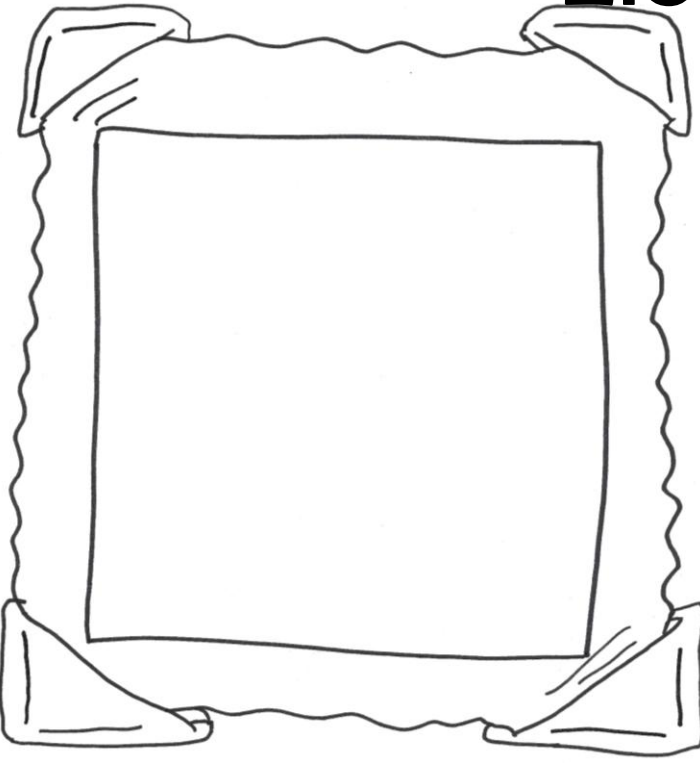
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Eleven



Your 11th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Eleven

You Learned How To:

Special Events:

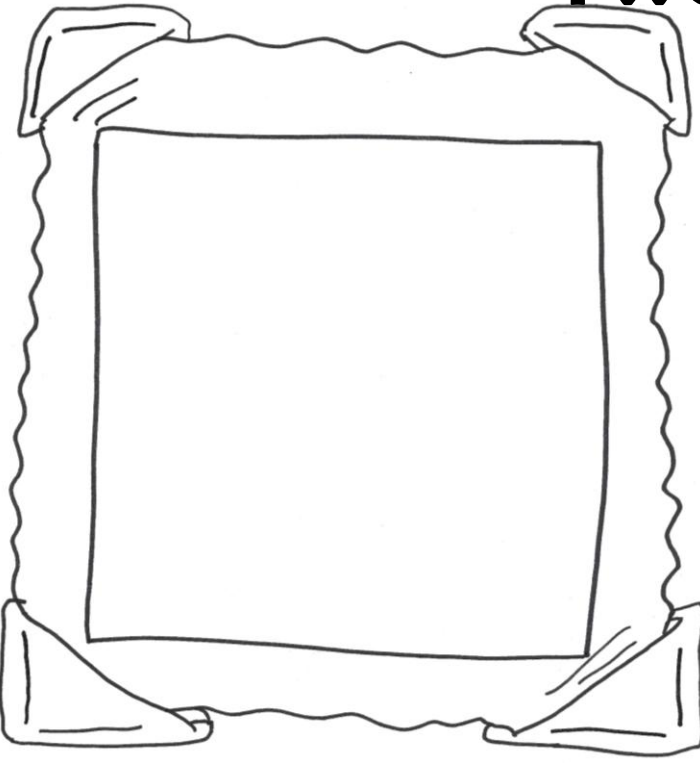
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Twelve



Your 12th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Twelve

You Learned How To:

Special Events:

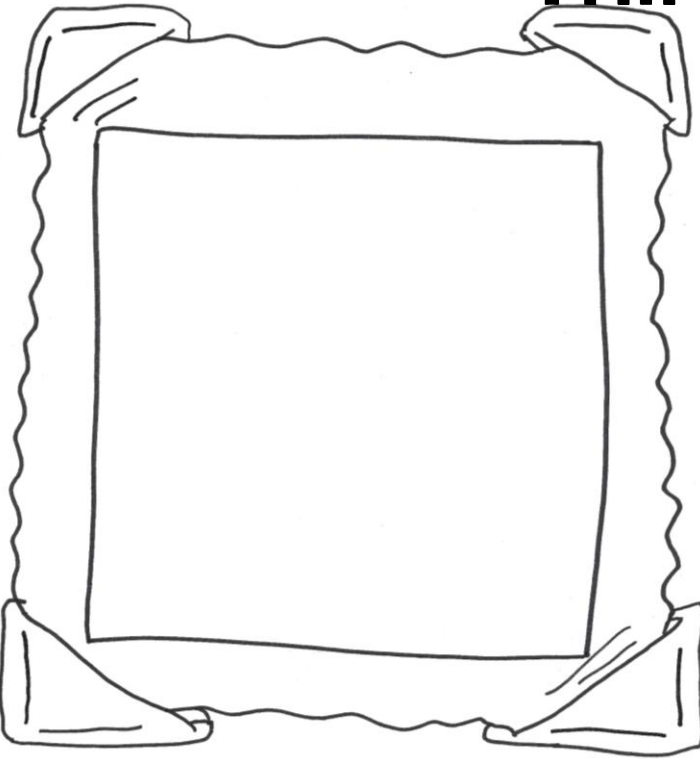
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Thirteen



Your 13th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Thirteen

You Learned How To:

Special Events:

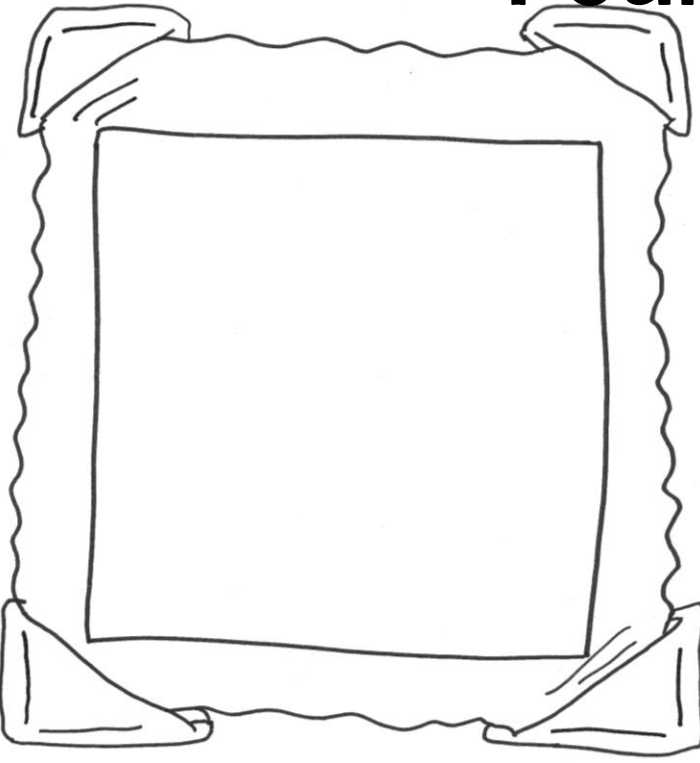
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Fourteen



Your 14th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Fourteen

You Learned How To:

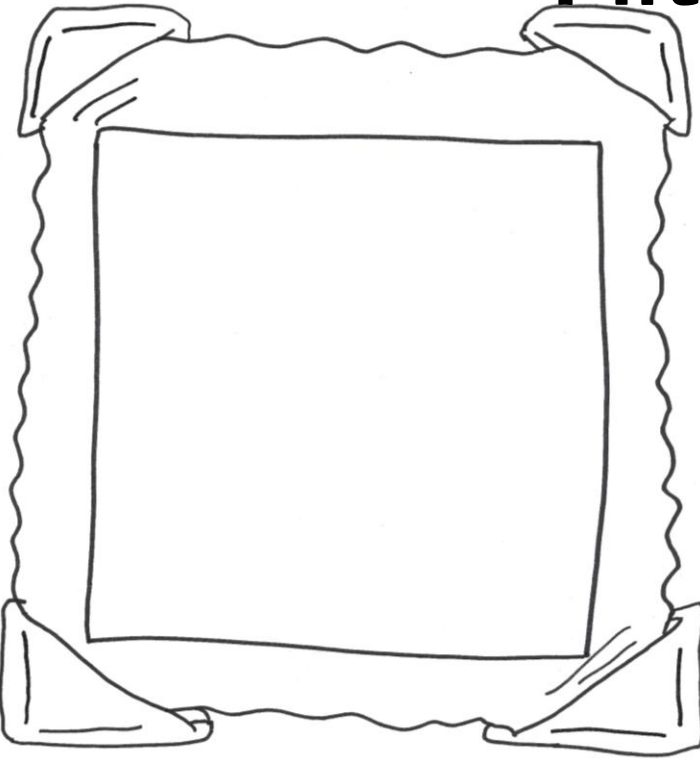
Special Events:

Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:



Your 15th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Fifteen

You Learned How To:

Special Events:

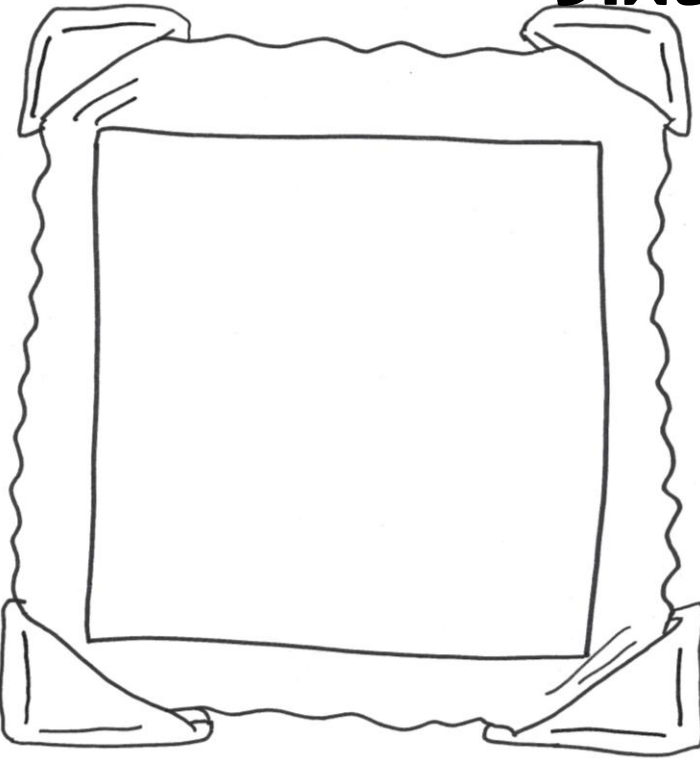
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Sixteen



Your 16th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Sixteen

You Learned How To:

Special Events:

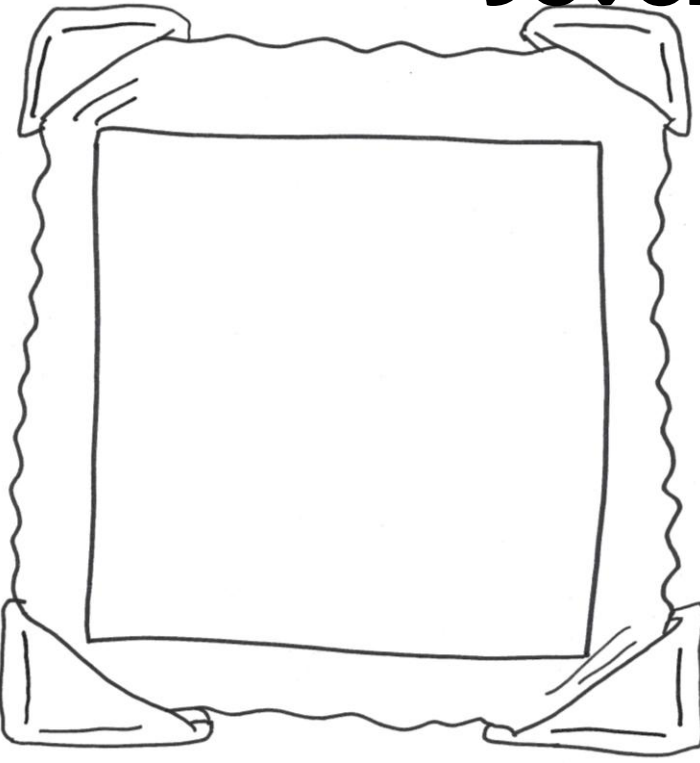
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Seventeen



Your 17th Birthday Picture:

Height: _____

Favorite Foods:

Your Birthday Celebration:

Favorite Games:

Favorite Songs:

Places You Visited:

Seventeen

You Learned How To:

Special Events:

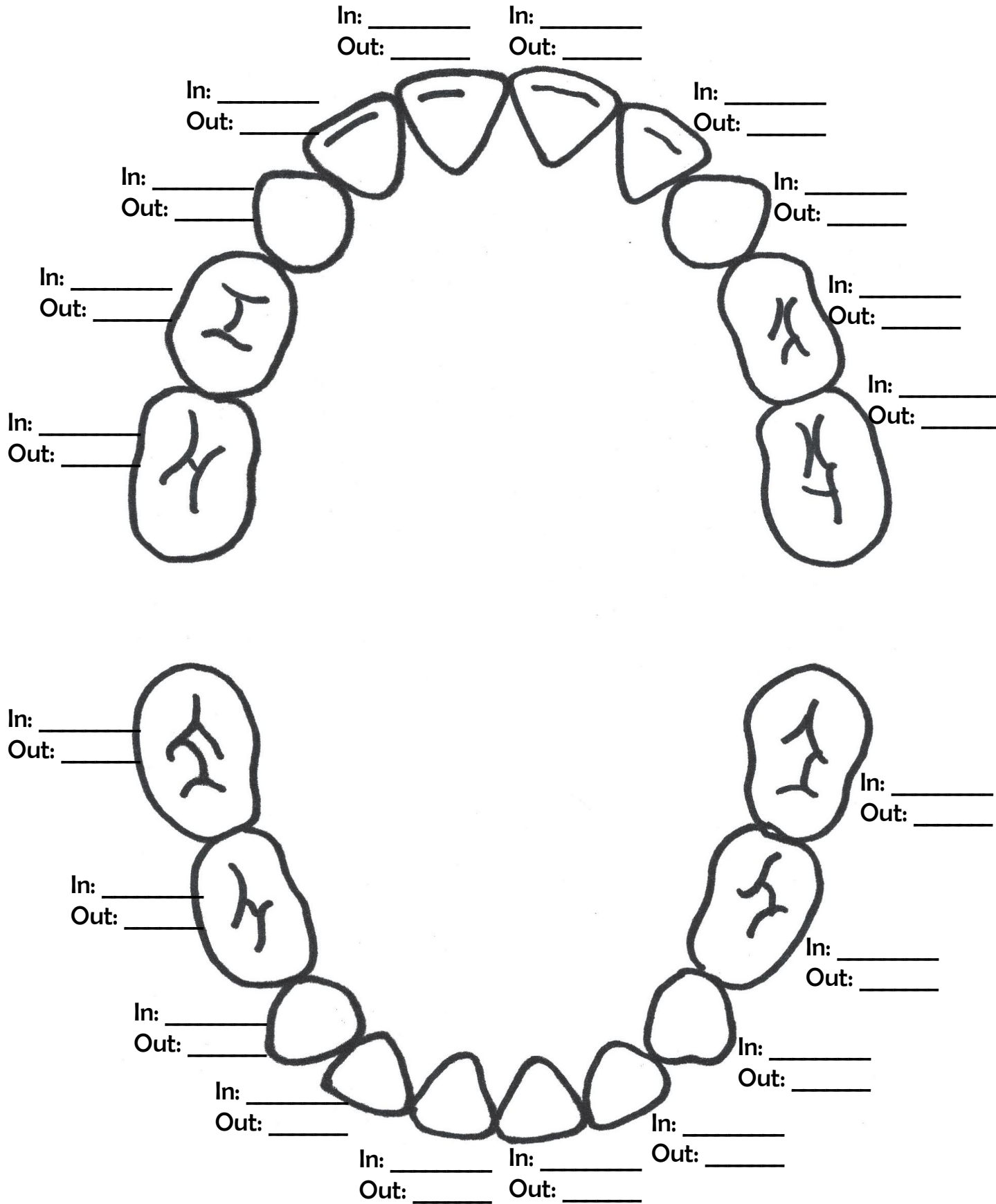
Things You Said:

Things You Did:

Favorite Books:

Favorite Toys:

Baby Teeth



The diagram shows two rows of baby teeth, top and bottom, arranged in a semi-circle. Each tooth is labeled with 'In:' and 'Out:' followed by a blank line for recording.

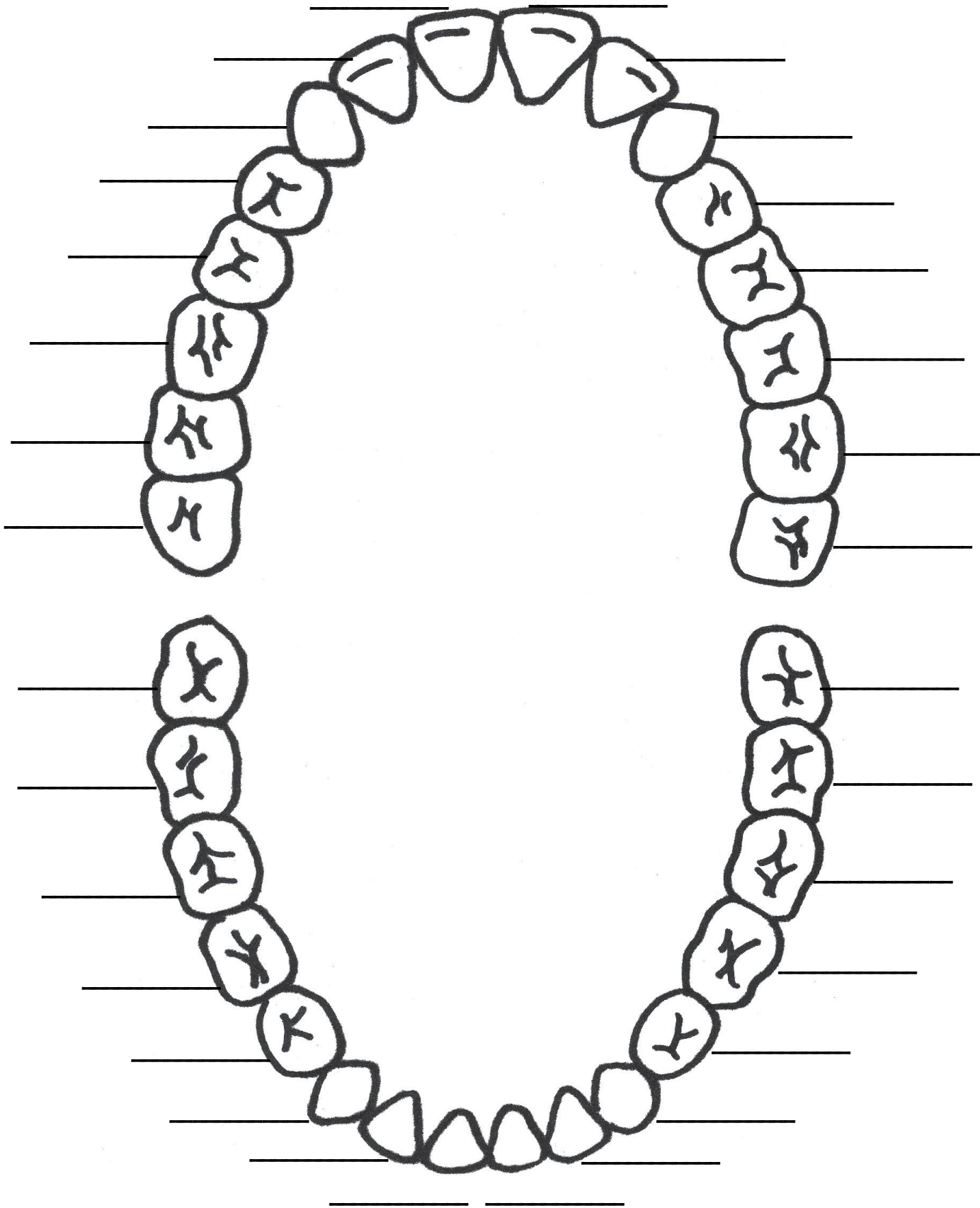
Top Row (Left to Right):

- Incisor: In: _____ Out: _____
- Canine: In: _____ Out: _____
- Canine: In: _____ Out: _____
- Incisor: In: _____ Out: _____
- Molar: In: _____ Out: _____
- Molar: In: _____ Out: _____
- Molar: In: _____ Out: _____
- Molar: In: _____ Out: _____

Bottom Row (Left to Right):

- Molar: In: _____ Out: _____
- Molar: In: _____ Out: _____
- Molar: In: _____ Out: _____
- Canine: In: _____ Out: _____
- Canine: In: _____ Out: _____
- Incisor: In: _____ Out: _____
- Incisor: In: _____ Out: _____
- Incisor: In: _____ Out: _____

Adult Teeth



Growth Chart

Birth _____

1 month _____

2 months _____

3 months _____

4 months _____

5 months _____

6 months _____

7 months _____

8 months _____

9 months _____

10 months _____

11 months _____

12 months _____

18 months _____

2 years _____

3 years _____

4 years _____

5 years _____

6 years _____

7 years _____

8 years _____

9 years _____

10 years _____

11 years _____

12 years _____

13 years _____

14 years _____

15 years _____

16 years _____

17 years _____

18 years _____

My List of Firsts

First Smile: _____

First Tooth: _____

First Roll: _____

First Crawl: _____

First Stand: _____

First Steps: _____

First Solid Food: _____

First Word: _____

First Time Saying Name: _____

First "I love you:" _____

First Lost Tooth: _____

First Haircut: _____

First Day of School: _____

First Movie: _____

First Amusement Park: _____

First Bike Ride: _____

First Monkey Bars: _____

First Swim: _____

First Dollar Earned: _____

First Snow: _____

First Beach Trip: _____

First Time Camping: _____

First Self-Made Meal: _____

First _____ : _____