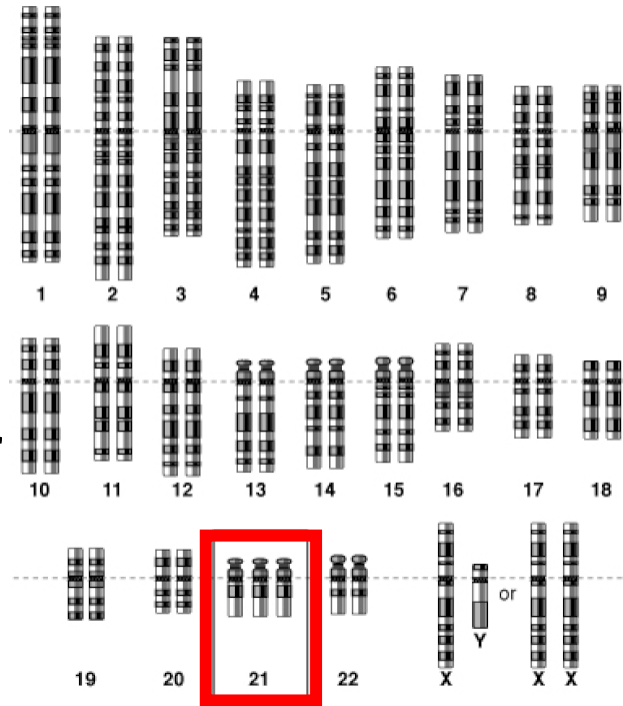


March 21 Is World Down Syndrome Day!

Down Syndrome is also called Trisomy 21. Most people have 23 pairs of chromosomes.

Chromosomes are where your DNA is stored. This determines many things about you, such as how you look, and which health situations are most likely. People with Down Syndrome have a third chromosome on the 21st pair (that is why they are celebrated on 3-21). Just like everyone else, their DNA affects how they look, and their health.



Thanks to research and education, people with Down Syndrome are getting more opportunities than ever before. Today there are actors, athletes, entrepreneurs, artists, political activists, musicians, and designers with Down Syndrome. Do you know anyone with Down Syndrome?

If not, remember if you see someone with Down Syndrome, just smile and treat them like any other person.

Many people celebrate World Down Syndrome Day by wearing mismatched socks. If you're not wearing yours, color in the pair on the other side of this page.

